

First Aid and Emergencies: First Aid

For each of the following eventualities please list 2 things that you could do to treat or prevent the condition and 2 things that are commonly done but you should not do.

Blisters

Do do this	Don't do this

Burns

Do do this	Don't do this

Sprained or broken ankle

Do do this	Don't do this

Hypothermia

Do do this	Don't do this

Home sickness or otherwise low morale

Do do this	Don't do this

Tick bite

Do do this	Don't do this